

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 71 years in the making.



September 10th 2026

Come Celebrate the 2026 Road Walk season QRWC Relay/Trophy/BBQ Day This Sunday September 13th

Dowse Lagoon, Brighton Road, Sandgate

Get ready for Sunday!

TO DO LIST

1. Enter yourself and or a team in the Relay (make sure you have a name for your Team)
2. Register for the BBQ lunch so we know how many people to cater for
3. Donate a Raffle prize and /or buy some tickets on the day
4. Bring along a plate to share for dessert
5. Come along and celebrate the achievements of our members
6. Please volunteer to assist on the BBQ, food preparation & cooking and serving. And cleaning up and packing up at the end of the day.
7. Please bring along your deck chairs or a picnic rug. Don't forget your sunglasses, a hat and sunscreen.

ENTER RELAY HERE

[2026 Queensland Race Walking Club Relay - Qld Race Walking Club - revolutioniseSPORT](#)

- Or contact noelarhoda@gmail.com if you wish to compete , have got a team together or wish to be allocated to a team.
- If you have already entered and find that you will not be able to compete on Sunday please let Noela know.
- Handicap times of each athlete need to be established before Sunday so that team handicaps can be worked out.
- It is time consuming and it delays the start if athletes turn up on the day and have not let us know they will be participating.
- **All competitors** please report to Noela when you arrive at the Lagoon on Sunday to have your name checked off, even if you are already in a team or have entered online.
- If you have a team worked out please advise Noela of your team name and in what order the team members will walking. Be ready to compete by 9am .

Relay race fees are \$5 per athlete. Season pass holders free.

Presentation Day Lunch and Awards

[2026 Presentation Day Lunch and Awards - Qld Race Walking Club - revolutioniseSPORT](#)

If you have not registered online and will be coming to the lunch on Sunday please RSVP Noela at noelarhoda@gmail.com . You can pay on the day by cash or card.

The cost of the bbq lunch will be:

\$ 15 a single

\$ 25 for two

\$35 for a family of 3 to 5. Additional family members at the single rate.

RSVP Noela noelarhoda@gmail.com Pay on the day by cash or card

Raffles. We will be having a multi draw raffle during the morning. If you would like to donate a raffle prize large or small (we will group the smaller items together to make up a prize) please bring it along on the day. **Raffle tickets will be \$ 2 each or 6 for \$10**

DRINKS

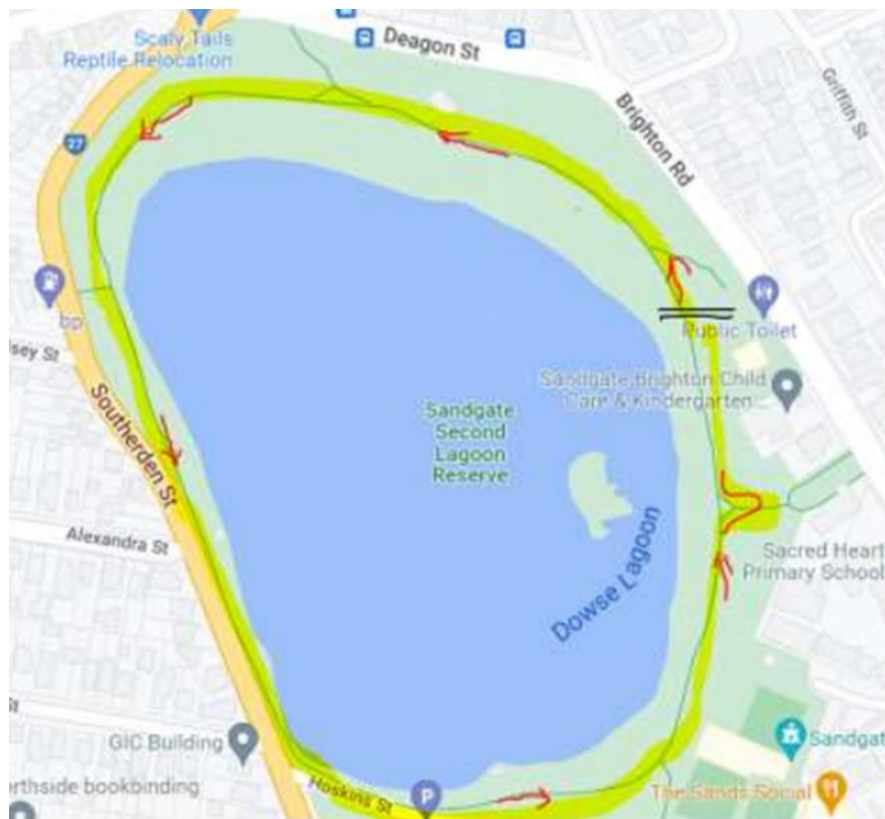
Light Beer \$3, soft drinks \$2, poppers 1.50, water \$1 will be in sale.

THE RELAY for the Bill Cook Trophy

9.00am 4 x 1,500 metre Relay

Each leg of the relay is one lap of Dowse Lagoon anti clockwise direction, plus a little detour near the end up a rise just when you are feeling the strain.

This is a fun event and sheep stations are not risk so please at all times act within the spirit of good sportsmanship. There will be judges on the course to ensure nobody is gaining an unfair advantage. **Time penalties** against your team may be applied if anyone is not doing the right thing and blatant running may result in your team being disqualified. Don't let your team mates down .



BBQ & relay start line is on the Brighton Road side near the picnic shelters (black lines on the map). There is a small capacity car park but adequate street parking on Brighton Road. The yellow highlighted circuit is the 1.5km leg of the relay

10.00am – 12.00am BBQ & Presentations

LUNCH We will be having a BBQ lunch following the relays.
Any assistance in food preparation, BBQ cooking & food serving will be greatly appreciated.

TROPHIES All the medals from the QRWC track championships, Grade Handicap points trophies, Club Road Walk championships trophies and the perpetual trophies will be presented after lunch.

Please take the time to read the criteria for the awarding of trophies at the end of this newsletter

DESSERT Please Bring a Plate to share.

The highlight of the day is not the relays, the trophy presentations or the BBQ lunch. What everybody really waits for all those “no calorie “desserts. fruit platter is always welcome

If you are travelling across town to Sangate on Sunday morning please be aware of possible road closures

Bridge To Brisbane Road Closures Sunday September 13th

If you are running in the B2B you will still have time to make it to the BBQ lunch and trophy presentations.

Road Closures | Bridge 2 Brisbane

Road Closure Event Alert

To ensure the safety of participants, volunteers and spectators, police-controlled road closures will be in place from Murarrie to Bowen Hills on Sunday 13 September 2026.

Access to your premises will be permitted under the direction of police and traffic controllers only. However, you may experience significant delays to ensure event safety. If possible, we suggest those affected make alternative arrangements on this weekend to avoid delays and to assist in minimising traffic congestion.

Sunday 13 September: Majority of roads will begin to be closed from 3:00am and will progressively reopen as the race is completed. All roads are scheduled to reopen by 12:30pm.

QRWC WINS POSTAL CHALLENGE 2026

As reported last week the QRWC has won the Australian Federation of Race Walking Clubs Postal Challenge outright for the third year in a row. Well done team.

How points are awarded:

1. Points are awarded to the fastest individual per club. If a club does not have a competitor, they receive 5 points.
2. Member numbers for fairness calculations are based on the membership paid to RWA.

How did you go against your interstate peers?

Under 10 1.5km Female	Time	Club	Place
Taylah Bremner U10	00:08:27	VRWC	1
Sadie Mathiesen U10	00:09:01	VRWC	2
Summer Patten U10	00:09:05	VRWC	3
Symphony Scott U10	00:09:46	WARWC	4
Mikayla Lee U10	00:09:46	QLD	5
Cory Lewis U10	00:09:54	VRWC	6
Cassandra Cohoner U10	00:09:56	QLD	7
Holli Burrell U10	00:11:15	VRWC	8
Savannah Brooks U10	00:11:40	VRWC	9
Eden Patten U10	00:11:59	VRWC	10
Dantevan Heerwaarden U10	00:18:32	WARWC	11

Under 10 1.5km Male Time				Club	Place
Ryder	Reid	U10	00:08:23	VRWC	1
Bowie	Clarke	U10	00:08:59	VRWC	2
Noah	Scott	U10	00:11:04	QLD	3
Tex	Reid	U10	00:14:22	VRWC	4
Martin	Crabb	U10	00:15:00	SARWC	5

Under 12 2km Female				Time	Club	Place
Aria	Di Benedetto	U12	00:10:53	VRWC		1
Pippa	Coleman	U12	00:11:04	VRWC		2
Anouk	Morgan	U12	00:11:15	VRWC		3
Clara	Hermus	U12	00:11:24	QLD		4
Tamai	Bremner	U12	00:11:47	VRWC		5
Anna	Dubar	U12	00:12:21	VRWC		6
Harper	O'Toole	U12	00:12:23	VRWC		7
Carly	Hood	U12	00:12:28	WARWC		8
Amity	Cowling	U12	00:12:50	SARWC		9
Harper	de Sachau	U12	00:13:52	VRWC		10
Abigail	Verity	U12	00:14:13	VRWC		11
Nashe	Chengeta	U12	00:14:48	VRWC		12
Ava	Pravednikov	U12	00:14:53	VRWC		13
Alexis	Turley	U12	00:14:55	TRWC		14
Grace	Hennessy	U12	00:15:19	TRWC		15
Amber	Barritt	U12	00:16:15	TRWC		16
Holly	Brooks	U12	00:16:16	VRWC		17
Lyanna	Summers	U12	00:16:41	TRWC		18

Under 12 2km Male				Time	Club	Place
Fletcher	Reid	U12	00:09:54	VRWC		1
Fletcher	Walters	U12	00:10:48	VRWC		2
Saxon	King	U12	00:11:25	SARWC		3
Yoshue	Lee	U12	00:13:08	QLD		4
Hugo	Bell	U12	00:13:16	WARWC		5
Austin	Hucker	U12	00:16:51	TRWC		6
Robert	Crabb	U12	00:16:55	SARWC		7
Gabe	DIX	U12	00:17:46	TRWC		8

Under 14 3km Female				Time	Club	Place
Alaska	Bremner	U14	00:15:24	VRWC		1
Indigo	Marshall-Moodie	U14	00:15:47	VRWC		2
Ella	Harris	U14	00:16:25	VRWC		3
Amelia	Chisholm	U14	00:16:30	QLD		4
Erlyn	Singh	U14	00:16:30	VRWC		5
Georgia	Walters	U14	00:17:24	VRWC		6
Kobe	Lewis	U14	00:17:48	VRWC		7
Clare	Rice	U12	0:18:17	ACT		8
Violet	Conway	U14	00:18:29	QLD		9
Hannah	Clausnitzer	U14	00:18:48	WARWC		10
Charlotte	Dix	U14	00:19:21	TRWC		11
Charlotte	Turley	U14	00:20:54	TRWC		12
Amaya	Cowling	U14	00:21:22	SARWC		13
Alexandra	Summers	U14	00:22:50	TRWC		14

Under 14 3km Male				Time	Club	Place
Caleb	Camilleri	U14	00:18:56	SARWC		1
Caleb	Lee	U14	00:21:43	QLD		2
Samuel	Hucker	U14	00:22:07	TRWC		3

Under 16 5km Female		Time	Club	Place
Addison Frenken	U16	00:29:31	VRWC	1
Addison Roots	U16	00:30:49	WARWC	2
Caitlyn Shipham	U16	00:31:14	VRWC	3
Adele Woodward	U16	00:35:54	TRWC	4

Under 16 5km Male		Time	Club	Place
Leo Ramsay	U16	00:29:23	QLD	1

Under 18 8km Female		Time	Club	Place
Eliza Kelly	U18	00:46:05	QLD	1
Mietta Morgan	U18	00:46:10	VRWC	2
Trinity Doulis	U18	00:51:21	WARWC	3
Sierra Thompson	U18	00:54:27	WARWC	4

Under 20 10km Female		Time	Club	Place
Kaytee Bogaers	U20	00:57:59	WARWC	1

Under 20 10km Male		Time	Club	Place
Cooper Rech	U20	00:55:55	SARWC	1
Kai Dale	U20	01:11:52	QLD	2

Open 10km Female		Time	Club	Place
Samantha Findlay	Open	00:48:45	SARWC	1
Jade Chitty	Open	00:51:42	VRWC	2
Angelina Legrand	Open	00:56:06	SARWC	3
Jia Wen Heng	Open	00:58:05	VRWC	4
Phoebe Chadwick	Open	01:05:48	QLD	5

Open 10km Male		Time	Club	Place
Marcus Wakim	Open	00:44:01	VRWC	1
Scott Hyland	Open	00:48:13	ACT	2
Alex Bradley	Open	00:50:59	QLD	3
Tristan Camilleri	Open	00:53:24	SARWC	4
Jonathan Ho	Open	00:55:33	VRWC	5
Brad Mann	Open	00:57:59	WARWC	6

Masters 10km Female		Age Grading	Time	Club	Place	Age
Carolyn Rosenbrock		87.02%	01:01:45	VRWC	1	64
Michelle Horne		80.06%	01:01:52	VRWC	2	56
Noela McKinven		79.07%	01:33:11	QLD	3	84
Donna-Marie Elms		78.17%	01:09:20	VRWC	4	65
Karyn O'Neill		77.47%	01:14:03	VRWC	5	71
Sarah Brennan		74.17%	01:02:36	VRWC	6	50
Karyn Tolardo		73.09%	01:11:03	WARWC	7	60
Wendy Farrow		69.95%	01:13:20	WARWC	8	59
Sarah Bevin		59.12%	01:12:44	VRWC	9	41
Joy Dale		58.45%	01:22:55	QLD	10	54

Masters 10km Male		Age Grading	Time	Club	Place	Age
Ignacio Jimenez Solis		81.49%	00:54:29	QLD	1	61
Kevin Cassidy		79.88%	00:57:40	VRWC	2	65
Shaun Lewis		75.38%	00:54:34	VRWC	3	47
Colin Heywood		74.66%	01:05:42	VRWC	4	71
Terry O'Neill		72.57%	01:06:36	VRWC	5	70
Peter Bennett		71.50%	01:07:36	QLD	6	70
Peter Crump		65.92%	01:09:53	SARWC	7	65
Greg Metha		62.26%	01:11:19	SARWC	8	61
Eugene Gerlach		60.61%	01:16:43	TRWC	9	66
Alex McEwan		57.36%	01:15:07	SARWC	10	57

2026 QUEENSLAND ATHLETICS ALL SCHOOLS CHAMPIONSHIPS **inc the Selection Trials for the Australian All Schools**

Draft Timetable

Thursday October 1st QSAC

03:30pm Under 14/15/16 Female 3000m Race Walk

04:00pm Under 14/15/16 Male 3000m Race Walk Final

04:30pm Under 17/18 Female/Male 5000m Race Walk

Entries Now Open

[2026 Qld All Schools Athletics Championships - Able Bodied Athletes - Queensland Athletics - revolutioniseSPORT](#)

Entries close Tuesday 22 September 9.00am.

Membership (new season opens on 1st September 2026)

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

- Athletes **must turn 12** by **31 December 2026**
- Athletes **must be under 18** on **31 December 2026**
- **No Under 20** age group (not offered at Australian All Schools Championships)



ENTER HERE <https://entermastersgames.com/>

Road Walk -10km

Sunday 8 November: 7:00am Luke Harrop Cycle Circuit, Runaway Bay

Track & Field

Saturday 7 November Gold Coast Performance Centre – 5,000 metre walk

Sunday 8 November Gold Coast Performance Centre – 3,000 metre walk (pm)

A final program of events including event start times will be available after entries have closed

Games Fees

- **\$170 Standard** (from 1 September)

Sports Fees

- **Track** \$55 Admin Fee (Includes 1 Event)
\$25 for each additional event
- **10km Road Walk** \$30

QA & QMA Track Season

QA Track Draft Walks competition

October 31st 10,000 metres SAC
November 14-15th U20 5,000 metres SAC
January 10th 3,000 metres SAC
February 6th 3,000/5,000 metres SAC
February 27th 3,000 metres QA Championships
March 6th 3,000/5,000 metres
March 20th 3,000/5,000 metres

QMA & Brisbane Region Track Season Calendar

Draft Brisbane 2026-27 Competition Dates

Brisbane Region have made bookings at QSAC and scheduled competition dates for the next season. Due to limited availability of the SAF while the Main Stadium is resurfaced, some competition will be on Sundays.

Saturday Morning 19/9/26 – SAF Saturday Morning
Saturday 10/10/26 – SAF Brisbane Region Competition Come & Try Day 1 of Season
Sunday Morning 25/10/26 – SAF Brisbane Region Competition Day 2 of Brisbane Season
Sunday Morning 1/11/26 – SAF Brisbane Region Competition Day 3 of Brisbane Season
Sunday Morning 22/11/26 – SAF Brisbane Region Competition Day 4 of Brisbane Season
Saturday Afternoon 5/12/26 – SAF QMA HEP/DEC CHAMPS DAY 1
Held in conjunction with Brisbane Region Competition Day 5 of Brisbane Season
Sunday Morning 6/12/26 – SAF QMA HEP/DEC CHAMPS DAY 2
Held in conjunction with Brisbane Region Competition Day 6 of Brisbane Season
Sunday Morning 13/12/26 – SAF Brisbane Region Competition Includes 100 yards & 1 mile events Day 7 of Brisbane Season
Saturday Afternoon 19/12/26 – SAF Brisbane Region Competition Day 8 of Brisbane Season
Sunday Morning 17/1/27 – SAF QMA OUTDOOR PENTATHLON Held in conjunction with Brisbane Region Competition Day 9 of Brisbane Season
Sunday Morning 24/1/27 – SAF Brisbane Region Competition Day 10 of Brisbane Season
Sunday Morning 14/2/27 – SAF QMA WOMENS THROWS PENTATHLON
Held in conjunction with Brisbane Region Competition Day 11 of Brisbane Season
Sunday Morning 21/2/27 – SAF QMA MENS THROWS PENTATHLON
Held in conjunction with Brisbane Region Competition Day 12 of Brisbane Season
Saturday Afternoon 27/2/27 – SAF QMA MEMORIAL DAY Held in conjunction with Brisbane Region Competition Day 13 of Brisbane Season
Sunday Morning 7/3/27 – SAF Brisbane Region Competition Day 14 of Brisbane Season
Saturday Morning 20/3/27 – SAF Saturday QMA 3000M RUN/WALK CHAMPS
Held in conjunction with Brisbane Region Competition Day 15 of Brisbane Season
Saturday 3/4/27 – SAF All Day QMA STATE CHAMPS DAY 1
Sunday 4/4/27 – SAF All Day QMA STATE CHAMPS DAY 2
Saturday Morning 15/5/27 – SAF AMA HEP/DEC CHAMPS DAY 1
April 23-26, 2027 AMA CHAMPIONSHIPS – PERTH
Sunday Morning 16/5/27 – SAF AMA HEP/DEC CHAMPS DAY 2



The 2027 Oceania Masters Championships will be held from **Wed 27 to Sun 31 January**,

Venue: Nga Puna Wai Sports Centre Augustine Drive Wigram Christchurch 8025

Walks Programme

Wednesday 27th January 2027 3,000m Track Walk AM

Friday 29th January 2027 1,500m Track PM

Sunday 31st January 2027 5,000m Track Walk PM

REGISTRATION NOW OPEN

[OMA / NZMA Track and Field Championships - Meet Info - Track & Field Meet](#)

Early Bird Registration Open 1st September 2026) NZD \$60.00

Normal Registration (26th October 2026) NZD \$90.00

Event Fee NZD \$20.00

Entries CLOSE Sunday 13th December 2026

Masters' accommodation special

[Oceania Masters Track & Field Championships - Accor Meetings & Events](#)

2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: Ern Clark Athletics Stadium Cannington. WA
- **Walks Course** Perry Lakes Reserve is the location for the 10km walk. The 2km circuit is a certified relatively flat, well shaded and picturesque course around one of the Lakes.
[Perth 2027 | Australian Masters Athletics Championships](#)

Date Claimer – Canberra Carnival June 12-13th 2027

A meeting on Tuesday night of Australian Federation of Race-Walking Clubs has set the date of **June 12-13th 2027** for the renamed “**Canberra Walking Carnival**”. More details to follow when they become available.

CRITERIA FOR QRWC PERPETUAL TROPHIES

Male

Age Distance First Presented Criteria

David Smith Shield Open 20km 2007 20km stated as Dave Smith race

Open Men's 15km Open 15km 1978 Stated as 15km Championship

Open Men's Cup Open 10km 1978 Club 10km Championship

U14 Boys 12,13yrs 2km 2019 Club Championships

U12 Boys 10,11 1.5km 2019 Club Championships

U10 Boys not yet 10yrs .75km 2019 Club Championships

Under 18 Men's 10km Any male club athlete who is not yet 18 at the time of achieving the best 10km time of the season. Not restricted to the "U18 Group" First presented in 2019

Under 16 Boys 5km Any male club athlete who is not yet 16 at the time of achieving the best 5km time of the season. Not restricted to the "U16 Group" First presented 2014

Female

Open Women 15km Shield

Open 15km 2019 Stated as 15km Championship

Open Women 10km Open 10km 2019 Club Championships

Under 20 Women 18,19 8km 2019 Club Championships

U16 Girls 14,15 4km 2019 Club Championships

U14 Girls 12,13 2km 2016 Club Championships

Under 12 Girls 10,11 1.5km 1979 Club Championships

Under 18 Girls 5km Any female club athlete who is not yet 18 at the time of achieving the best 5km time of the season. Not restricted to the "U18 Group" First presented in 1982

Under 10 Girls Any girl who is not yet 10 and has been friendly and helpful in the Club. First presented in 1991. If no suitable candidate – not presented.

Bill Cook Trophy for Team winning the Fun Relay. First presented 1981

Most Outstanding Member. This is our most prestigious trophy and is not restricted to athletes. No member can hold it for consecutive years, but may be judged by the Committee for further years that are not consecutive. If no suitable candidate for the year, it will not be presented. First presented in 2016.

QRWC HANDICAP TROPHIES

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. Starting points are awarded for starting the event. Completed points are awarded for finishing the race distance. The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

QRWC Membership 2026/27

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

QRWC Membership Fee \$25.00 ((club fee on top of Qld Athletics membership)

New membership and renewals for the new season opened on 01 September.

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors MUST wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

Racewalking Queensland Management Committee 2026/27

President: P Bennett

Vice President: B Gannon

Secretary: N. McKinven

Treasurer: N. McKinven

Committee: S Pearson, I Jimenez, R Wales, J Dale, S Dale, A Bradley

Patron: S Perkins

Registrar: S Dale

Handicapper: A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media: P Chadwick / C Chadwick

Results: R Wales / N McKinven

Newsletter Editor: P. Bennett

Equipment Officer: Ignacio Jimenez & Noela McKinven

Canteen Convenor: R Wales, J Dale

Blue Card Co-ordinator: B Gannon

Club Captains: Phoebe Chadwick, Alex Bradley

Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.

Our club will continue to ensure that we are meeting our duty of care and fulfilling our legal obligations under the Working with Children (Risk Management and Screening) Act 2000. [Individuals requiring a blue card](#) | [Your rights, crime and the law](#) | [Queensland Government](#).

If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator bluecardqrwc@gmail.com

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 2 Development coach

Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

Website [Queensland Race Walking Club](#)

About us *Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter.